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H.2.D.

A Hand to the Disabled



ANNUAL REPORT

June 2025 - June 2026

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1.1 Message From Executive Director

IVAN PATRICK KATWERE

EXECUTIVE DIRECTOR/ FOUNDER - A HAND TO THE DISABLED

On behalf of A HAND TO THE DISABLED (H2D), I am pleased to present our Annual Report, highlighting the progress and impact of our work throughout the year. Despite limited resources, our organization remained committed to promoting disability inclusion, advocating for the rights of persons with disabilities, and supporting vulnerable communities through community outreach programs, awareness campaigns, and advocacy initiatives.

This year, we successfully reached many individuals and communities through our programs and celebrated the International Day of Persons with Disabilities, reaffirming our commitment to inclusion and equal opportunities for all. We are also proud to have been recognized by the African Excellence Awards with two prestigious honors: the Disability Inclusion Community Outreach Organisation of the Year 2026 – East Africa and the Disability Advocacy Excellency Award 2026 – Uganda. These recognitions reflect the dedication and hard work of our team, volunteers, partners, and supporters.

I extend my sincere gratitude to everyone who has contributed to our mission. Your continued support enables us to make a meaningful difference in the lives of persons with disabilities and the communities we serve. Through your generosity, partnership, and commitment, we have been able to promote inclusion, advocate for equal opportunities, and bring hope to many individuals and families. We deeply value your trust and look forward to working together to create an even greater impact in the years ahead.



2

African Excellence Awards
Received

150+

Beneficiaries Reached

25+

Community Outreach and
Advocacy Activities Conducted

2.1 ABOUT A HAND TO THE DISABLED

A Hand To The Disabled is a non-profit, community-based organization dedicated to improving the lives of people with disabilities in Mityana District, Uganda. Officially registered with the District NGO Monitoring Committee (Reg. No. SSE.TC/151/2025), we provide protection, care, and empowerment opportunities to ensure that persons with disabilities can participate fully and equally in community life. Through our various programs, we also promote awareness, inclusion, and advocacy for disability rights, working closely with local leaders and stakeholders to create a more supportive and inclusive society.



Vision

A society where people with disabilities are valued, respected, and empowered to reach their full potential, living independently in a supportive and inclusive community.

Mission

Empowering people with disabilities through essential services, promoting inclusivity, and enhancing quality of life.

Core Values

Inclusivity,
Empowerment,
Respect,
Accountability

2.2 History of A Hand To The Disabled (H2D)

A Hand To The Disabled (H2D) was founded out of a personal journey of resilience, compassion, and a commitment to serving others. The organization's roots can be traced back to 2017 when its founder survived a life-altering motorcycle accident that resulted in severe injuries and a lengthy recovery process. During rehabilitation, the founder encountered many individuals living with disabilities and witnessed firsthand the challenges they faced, including limited access to support services, social exclusion, poverty, and discrimination.

These experiences inspired a deep desire to make a positive difference in the lives of persons with disabilities. Motivated by the compassion and generosity he had received throughout his own life, particularly from sponsors who supported his education and personal development, the founder committed himself to giving back to the community. In 2020, this commitment took practical form when support was extended to the first beneficiary, a man living with a spinal cord injury who was struggling to meet basic needs following an accident. Although resources were limited, this act of kindness marked the beginning of a broader mission to provide hope, support, and empowerment to persons with disabilities.

As more needs within the community became apparent, the initiative gradually evolved into A Hand To The Disabled (H2D), a community-based organization dedicated to promoting disability inclusion, advocacy, protection, care, and empowerment. Today, H2D works to ensure that persons with disabilities are recognized, valued, and provided with opportunities to participate fully in community life.

The organization continues to serve as a platform for positive change, bringing together volunteers, partners, community leaders, and supporters to address barriers faced by persons with disabilities and to build a more inclusive society for all.

2.3 Why H2D Was Founded

H2D was founded to address the social, economic, and physical challenges faced by persons with disabilities in Uganda. The organization seeks to promote inclusion, advocate for disability rights, provide support to vulnerable individuals and families, and create opportunities that enable persons with disabilities to live dignified and fulfilling lives.

Community Problems H2D Addresses

- Social exclusion and discrimination against persons with disabilities.
- Limited access to education, healthcare, and social services.
- Poverty and economic vulnerability among persons with disabilities.
- Lack of awareness about disability rights and inclusion.
- Limited community support and empowerment opportunities.
- Barriers to full participation in community and development activities.

2.4 H2D ORGANISATION STRUCTURE

BOARD OF DIRECTORS



Ivan Patrick K.

CEO



Suzan Nansubuga
ChairPerson



Denis Lwanga
Treasurer



Rev Mulundo
Advisor



Rev Noah Mawaggali
Patron



Fr. Richard Kalyango
Community Liaison



Joyce N.
Donor Representative

EXECUTIVE LEADERSHIP TEAM



Christine Nabwami

COORDINATOR



Katende M
Programs Manager



Annte Doru
M&E Officer



Simon Wasswa
Finance Officer



Joan Nakalanzi
Health Representative



Derrick Bwanika
IT Specialist

2.5 STRATEGIC OBJECTIVES OF A HAND TO THE DISABLED (H2D)

Guided by its 2026–2028 Strategic Plan, A Hand to the Disabled (H2D) is committed to improving the quality of life of persons with disabilities through inclusive, sustainable, and community-driven interventions. The organization's strategic objectives are:

1. Empower Persons with Disabilities
2. To enhance access to healthcare, education, livelihood opportunities, and assistive devices for persons with disabilities in Mityana District, thereby promoting social inclusion, dignity, and economic independence.
3. Build Organizational Capacity
4. To strengthen institutional systems through strategic partnerships, volunteer development, resource mobilization, and effective governance structures that support sustainable service delivery.
5. Sustain Long-Term Impact
6. To establish and manage sustainable income-generating initiatives, including agricultural and livestock projects, that support organizational growth and improve the livelihoods of persons with disabilities and their families.

Supporting Objectives

- Establish and operationalize a functional office to coordinate organizational activities and service delivery.
- Strengthen partnerships with healthcare institutions, local government, faith-based organizations, development partners, and other stakeholders.
- Expand access to medical support, education sponsorship, mobility aids, rehabilitation services, and livelihood interventions for persons with disabilities.
- Increase volunteer engagement and capacity to support outreach, advocacy, and program implementation.
- Mobilize financial and material resources to enhance organizational effectiveness and sustainability.
- Promote disability rights, advocacy, awareness, and community inclusion initiatives.
- Develop sustainable agricultural and livestock projects that generate income to support H2D programs and beneficiary welfare.

These strategic objectives guide all organizational programs, projects, and activities and provide the framework for measuring progress toward achieving the vision of a society where persons with disabilities live with dignity, equality, and opportunity.



2.6 KEY ACHIEVEMENTS

The year under review marked significant progress for A Hand To The Disabled (H2D), despite operating with limited resources. The organization successfully expanded its reach within the community through targeted outreach programs, medical support initiatives, and seasonal interventions. These efforts strengthened inclusion, improved access to support services for persons with disabilities, and enhanced community awareness on disability rights. The following highlights present a summary of our key achievements for the year.



H2D conducted over 25 community outreach programs across Mityana District, reaching persons with disabilities and vulnerable families. During these outreaches, beneficiaries received essential medical support, nutritional assistance, mobility support, and disability rights advocacy. These activities strengthened inclusion, improved wellbeing, and increased awareness on the rights and needs of persons with disabilities within the community.

H2D organized a medical outreach camp that directly benefited over 150 persons with disabilities. During the camp, beneficiaries received free medication and basic health support services aimed at improving their overall wellbeing. The initiative helped address immediate health needs within the community and strengthened access to essential medical care for vulnerable individuals.





H2D conducted outreach visits to two schools supporting children with disabilities, where learners were provided with tuition support and empowerment assistance. The initiative aimed at improving access to education, boosting confidence, and encouraging equal participation of children with disabilities in the learning environment.



H2D provided essential household items to families caring for children with disabilities, helping to ease the burden of meeting daily needs. Support packages included basic necessities such as sugar, soap, rice, and other food and hygiene items. This assistance contributed to improving the wellbeing of vulnerable households while demonstrating care, solidarity, and community support.

H2D provided a platform for children with disabilities to showcase their talents during community events. Beneficiaries actively participated in performances such as singing and dancing, demonstrating their abilities and creativity. This initiative helped boost confidence, promote inclusion, and challenge negative perceptions about disability within the community.





H2D conducted a Christmas outreach program in 2025, where over 20 beneficiaries received Christmas gifts. The initiative aimed at spreading joy, hope, and inclusion among persons with disabilities and vulnerable families during the festive season, reinforcing a sense of belonging within the community.

H2D's commitment to disability inclusion and community empowerment was recognized at the African Excellence Awards 2026, where the organization received two distinguished honors: Disability Inclusion Community Outreach Organisation of the Year 2026 – East Africa and Disability Advocacy Excellency Award 2026 – Uganda. These awards reflect the organization's dedication to improving the lives of persons with disabilities and promoting inclusive development within communities.



H2D successfully organized and celebrated the International Day of Persons with Disabilities, bringing together persons with disabilities, community members, local leaders, and other stakeholders to promote inclusion, equality, and disability rights. The event provided a platform for awareness creation, advocacy, talent showcasing, and community engagement, reinforcing the importance of building an inclusive society where everyone can participate and thrive.



3.1 PROGRAMS AND ACTIVITIES

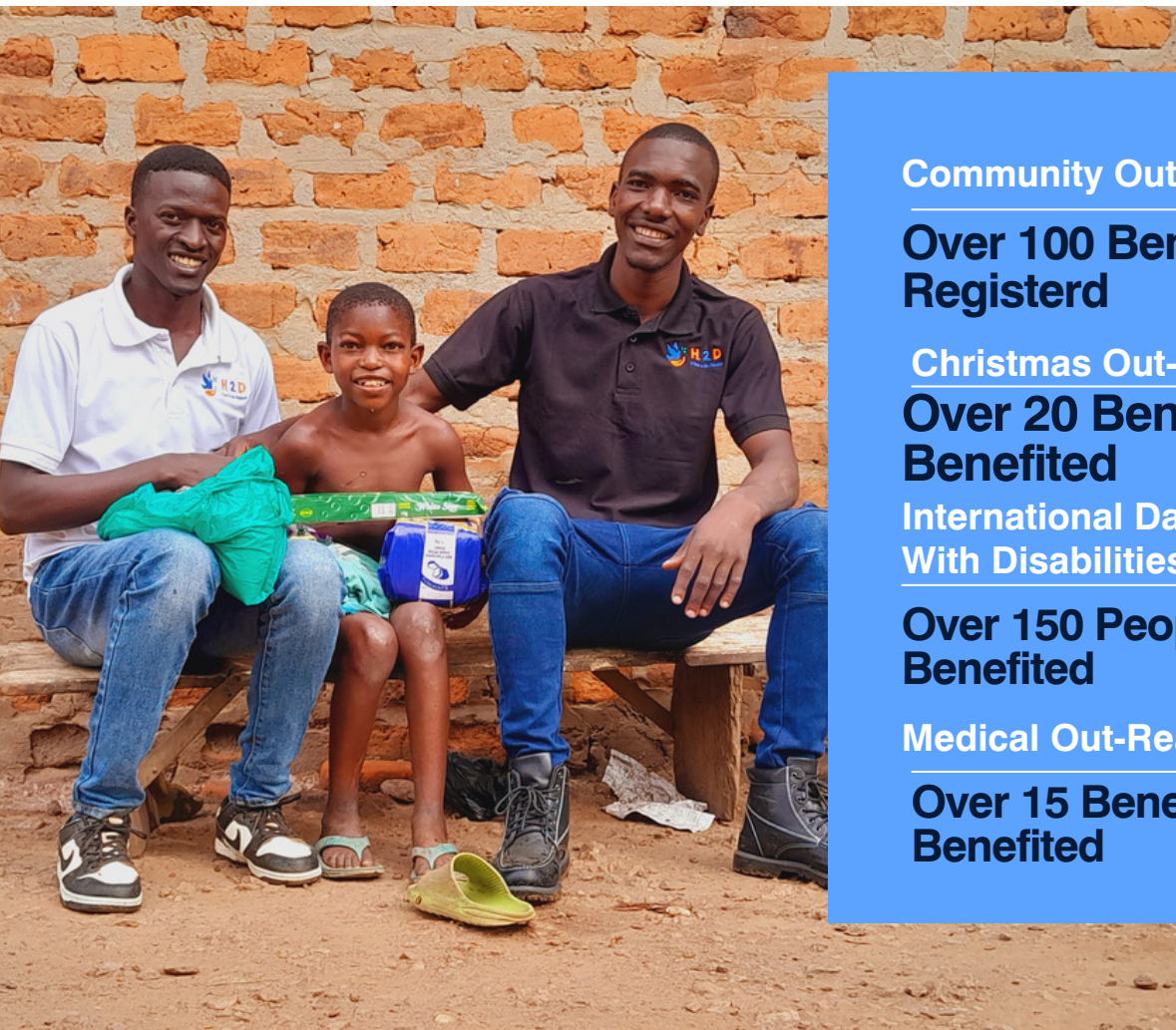
Community Outreach Programs

Community outreach remained one of the core interventions implemented by A Hand To The Disabled (H2D) during the reporting period. Despite operating with limited financial resources, the organization remained committed to reaching persons with disabilities and their families in rural communities across Mityana District. Through outreach visits conducted in various counties and sub-counties, H2D engaged directly with beneficiaries, assessed their needs, and provided support aimed at improving their wellbeing and social inclusion.

The outreach activities revealed numerous challenges affecting persons with disabilities and their families, including poverty, inadequate nutrition, poor housing conditions, social discrimination, child neglect and abuse, and limited access to government programs and services. Many families were found to be struggling to meet basic needs, while others lacked information about disability rights and available support opportunities.

In response, H2D provided basic household necessities such as food items and hygiene supplies, offered advocacy and awareness support, promoted disability inclusion, and connected vulnerable individuals to available services where possible. The organization also conducted beneficiary registration exercises in remote villages to identify and document persons with disabilities in need of support, ensuring that no one is left behind.

In addition to routine outreach activities, H2D organized a Christmas Outreach Program and successfully commemorated the International Day of Persons with Disabilities, further strengthening community engagement and promoting awareness on disability rights and inclusion. Through these initiatives, the organization continued to bring hope, dignity, and practical support to vulnerable individuals and families across the district.



Community Out-Reach Program

**Over 100 Beneficiaries
Registered**

Christmas Out-Reach Program

**Over 20 Beneficiaries
Benefited**

**International Day Of Persons
With Disabilities**

**Over 150 People
Benefited**

Medical Out-Reach Program

**Over 15 Beneficiaries
Benefited**

3.2 Registration of Persons with Disabilities

As part of its commitment to reaching underserved communities, H2D conducted registration exercises in various villages and communities across Mityana District to identify and document persons with disabilities. The activity aimed at establishing a reliable beneficiary database that would facilitate planning, service delivery, advocacy, and future interventions.



Through community engagement and household visits, H2D identified 80 households and 120 beneficiaries facing significant challenges including poverty, limited healthcare access, social exclusion, and lack of disability support services registered households. The registration process assessed beneficiaries where 60% were females, 40% males, 47.9% under 18, households mainly farming agriculture, 70% coffee growers identified. The exercise strengthened H2D understanding of disability challenges at grassroots level, laying foundation for targeted support, advocacy, community empowerment, and future programming initiatives development planning



In addition to registration activities, H2D provided limited basic necessities to some vulnerable families, helping to address immediate needs while assessing beneficiaries for future support and empowerment programs.



3.3 Christmas Out-Reach Program

As part of its commitment to supporting vulnerable families during the festive season of 2025, H2D organized a Christmas Outreach Program that benefited over 20 persons with disabilities and their families. Through this initiative, beneficiaries received Christmas gifts and essential items aimed at bringing joy, hope, and encouragement during the holiday season.

The outreach provided an opportunity for H2D to engage directly with beneficiaries, promote social inclusion, and remind families that they are valued members of the community. Despite limited resources, the program successfully created a positive impact by sharing the spirit of compassion, care, and solidarity with those in need.



3.4 International Day of Persons with Disabilities (IDPWD)

On 3rd December 2025, A Hand to the Disabled (H2D) organized and hosted the International Day of Persons with Disabilities (IDPWD) celebrations in Mityana District. The event brought together 181 participants, including 86 persons with disabilities and 95 caregivers, community leaders, volunteers, and well-wishers. The celebration provided a platform for promoting inclusion, raising awareness about disability rights, and strengthening community support for persons with disabilities.

The event featured a medical outreach camp where participants received basic health services and treatment for common illnesses such as malaria, influenza, and other health conditions. This helped improve access to healthcare for many beneficiaries who would otherwise face challenges obtaining medical attention.

The celebration was also marked by various entertainment and talent performances by children with disabilities and their caregivers. One of the most memorable presentations was a mime performance by Norah, which deeply touched the audience and inspired many attendees to extend support and generosity toward the beneficiaries.

The success of the event was made possible through collaboration with religious leaders, healthcare professionals, local government leaders, volunteers, and other community stakeholders who contributed their time, expertise, and resources. Their participation demonstrated the importance of partnerships in promoting disability inclusion and community development.

To foster social interaction and a sense of belonging, participants shared meals together, participated in cake-cutting activities, and received gifts. These activities created a joyful and inclusive environment, allowing beneficiaries and community members to interact, celebrate achievements, and strengthen relationships

Picture Showing
Moment a Councillor
Giving an inclusion
speech





Picture showing
Grand and Her Grand Child
Receiving Medication



Picture showing Moment
Reverends Assisting
Disabled Children to get
meals

3.5 Medical Out-Reach Program

As part of its commitment to improving the well-being of persons with disabilities, A Hand to the Disabled (H2D) conducted an independent Medical Outreach Program targeting families with children living with disabilities. The outreach involved visiting beneficiaries within their communities and providing basic medical check-ups and health assessments.

During the outreach, beneficiaries received free treatment for common illnesses and health concerns identified during the medical examinations. Although the program was not designed to address major or complex medical conditions, it provided timely healthcare support and guidance to vulnerable families who often face challenges accessing medical services

A total of 15 beneficiaries benefited from the outreach. The initiative also served as a follow-up mechanism through which H2D monitored the health and welfare of previously supported families, identified emerging health needs, and strengthened relationships with beneficiaries at the grassroots level.

The Medical Outreach Program contributed to improving access to basic healthcare services, promoting early detection of health concerns, and demonstrating H2D's continued commitment to supporting persons with disabilities and their families beyond regular organizational activities.



4.1 Beneficiaries and Success Stories

The beneficiaries and success stories section highlights the real impact of A Hand to the Disabled (H2D) interventions at the community level. Through direct support, follow-up programs, and partnerships with well-wishers, H2D has been able to improve the lives of children with disabilities and their families. These stories reflect not only the challenges faced by beneficiaries but also the progress made possible through consistent care, medical support, and educational assistance.

4.1.1 Gift's Turning Point

Gift Before



When H2D first encountered Gift, she was in a critical and deeply vulnerable condition. Her mother, who suffers from sickle cell disease, had been struggling with frequent stroke attacks, making it difficult for her to provide consistent care. As a result, Gift was left under the care of her grandmother, who was doing her best despite very limited resources, and the child was found in a severely ill and malnourished state.

Following intervention from H2D, immediate support was provided to improve her condition. Through a partnership with Jessa Milk Company, Gift was supplied with nutritious flavored milk, which played an important role in restoring her strength and improving her nutritional status. In addition, she was referred for medical attention and is currently receiving care at Mulago International Referral Hospital.

Today, Gift's condition is gradually improving as she continues to receive medical support and nutritional care. This case remains a strong example of how timely intervention and community support can create a meaningful turning point in the life of a vulnerable child.

Gift Today



4.1.2 Nicholas' Education Journey

Nicholas is a young boy whose life changed significantly following a serious accident that resulted in a broken spinal cord and multiple bone injuries after a fall from a tree. The incident disrupted his education and placed him in a difficult physical and emotional situation, making it challenging for him to continue attending school.

Through the support of compassionate partners and individuals, including Ms. Clare, H2D was able to intervene and support Nicholas in returning to school. His second-term school fees for Primary Six were covered, and he was provided with essential scholastic materials such as books, pens, and a geometry set. He also received additional support items to improve his well-being and comfort while studying.

Despite his physical challenges, Nicholas has shown remarkable resilience and determination. His return to school marks an important step toward rebuilding his future, with his long-term dream of becoming a medical doctor remaining a strong motivation. H2D continues to support Nicholas as part of its commitment to ensuring that children with disabilities are not left behind in education



Photo Showing Nickolas with his Mum After Receiving Educational Support via H2D

5.1 Partnerships

A Hand to the Disabled (H2D) recognizes partnerships as a key pillar in achieving its mission of supporting persons with disabilities and their families. The organization actively works with individuals, community structures, religious institutions, and well-wishers who share the same vision of improving lives at the grassroots level.

One of the notable partnerships during the reporting period was with Spirit Embassy “The Good News Church”, a born-again church that contributed financial support of UGX 500,000 during the Christmas outreach program. This contribution played a role in supporting the festive outreach activities and enhancing the impact of the program among beneficiaries.

In addition to formal collaborations, H2D continuously engages with local community leadership structures such as village chairpersons, councillors, and other local government representatives. These leaders play an important role in identifying vulnerable families, mobilizing communities, and ensuring that support reaches the intended beneficiaries effectively.

H2D also works closely with religious leaders, including reverends, sheikhs, and other faith-based leaders, who contribute to community mobilization, guidance, and moral support during outreach programs. Their involvement helps strengthen trust within communities and promotes inclusivity across different groups.

The organization maintains an open partnership approach and welcomes collaboration from any individual, group, or institution willing to contribute resources, expertise, or support toward improving the lives of persons with disabilities. This inclusive partnership model continues to strengthen H2D’s reach and impact within the community.



5.2 Awards and Recognitions

During the reporting period, A Hand to the Disabled (H2D) received both formal and informal recognition for its continued commitment to disability inclusion, community outreach, and advocacy for persons with disabilities. These recognitions reflect the organization's growing impact at both community and regional levels.

At the formal level, H2D was honored at the African Excellence Awards 2026, where it received two distinguished awards. The first was the Disability Inclusion Community Outreach Organisation of the Year 2026 – East Africa, awarded in recognition of the organization's strong presence in grassroots communities and its efforts in delivering outreach services such as healthcare support, education assistance, and social inclusion programs for persons with disabilities and their families across the region. The second award was the Disability Advocacy Excellence Award 2026 – Uganda, which recognized H2D's active role in promoting the rights, dignity, and inclusion of persons with disabilities through awareness campaigns, community engagement, and empowerment initiatives within Uganda.

In addition to these formal awards, H2D has also received valuable community-level recognition. Local leaders, including village chairpersons and councillors, have consistently acknowledged the organization's contribution to reaching vulnerable families at the grassroots level. This recognition is demonstrated through ongoing collaboration, referrals of beneficiaries, and active participation in H2D outreach activities.

Religious leaders and community partners, including reverends and sheikhs, have also expressed appreciation for H2D's work, particularly during key outreach programs such as medical camps, Christmas outreaches, and the International Day of Persons with Disabilities celebrations. Their involvement and continued support reflect the trust and respect the organization has built within diverse community groups.

Together, these recognitions—both formal and informal—underscore H2D's growing credibility, its strong community presence, and its commitment to improving the lives of persons with disabilities through inclusive and sustainable interventions.

2026 Winner of



6.1 Financial Reports

Financial Overview

During the reporting period, A Hand to the Disabled (H2D) continued to deliver community-based services despite operating with resources far below its planned annual budget. While the organization's annual operational requirement was estimated at USD 40,000, H2D successfully mobilized UGX 16,040,000 (USD \$4334.9) through contributions from churches, community members, volunteers, businesspersons, and local fundraising initiatives.

This achievement demonstrates strong community confidence in the organization's mission and highlights the dedication of stakeholders who continue to support disability inclusion efforts in Mityana District.

Income Received

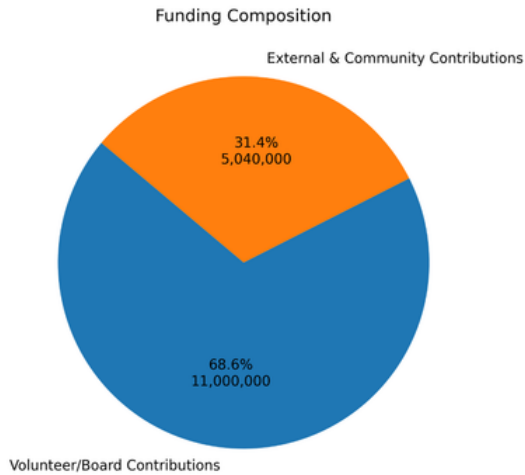
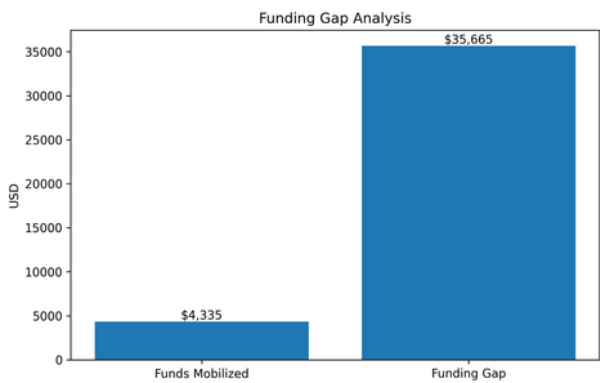
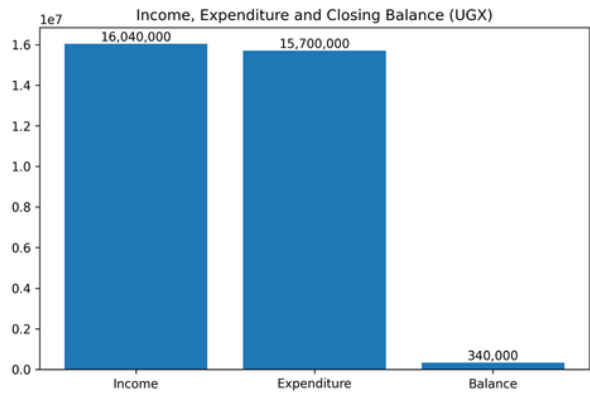
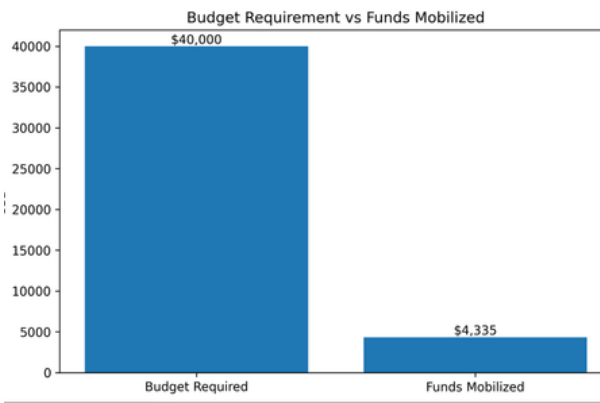
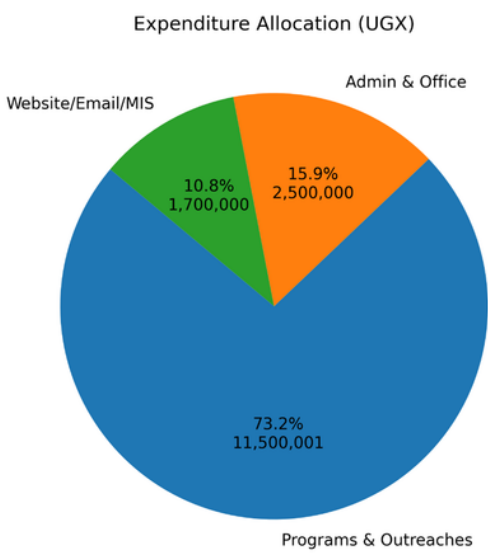
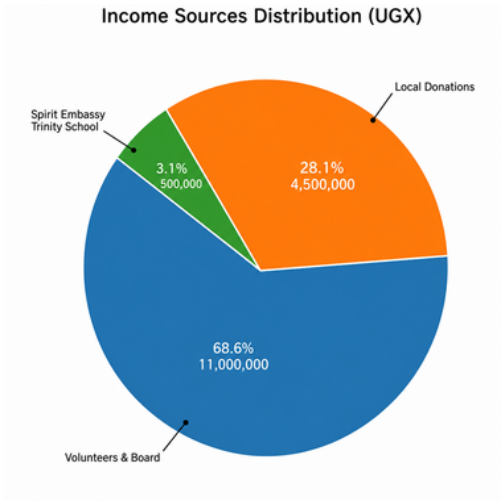
Source	Amount (UGX)	Amount (USD)
Spirit Embassy “The Good News Church”	500,000	\$135
Trinity Primary School (Grade Seven Pupils)	40,000	\$10.8
Volunteers & Board Members	11,000,000	\$2972.9
General Local Donations & Fundraising	4,500,000	\$1216.2
Total Income	16,040,000	\$4334.9

Expenditure

Funds received were directed primarily toward program implementation and beneficiary support activities.

Expenditure Category	Amount (UGX)	Amount (USD)
Programs and Community Outreaches	11,500,000	\$3108.1
Administration and Office Setup	2,500,000	\$675.7
Website, Email and Management Information Systems	1,700,000	\$459.5
Total Expenditure	15,700,000	\$4243.3

6.2 FINANCIAL STATISTICS



6.3 Funding Gap

Although H2D's planned annual budget was USD 40,000, only USD \$4334.9 was mobilized during the reporting period, representing approximately 10.8% of the required annual funding.

Despite this significant funding gap, the organization successfully conducted medical outreaches, educational support activities, disability awareness programs, Christmas outreach initiatives, beneficiary follow-up visits, and the International Day of Persons with Disabilities celebration.

The difference between available resources and actual program needs continues to limit the scale of interventions, particularly in areas of medical assistance, mobility aids, education sponsorship, transport, and expansion to additional beneficiaries.

6.4 Organizational Assets and Resources

Although H2D currently owns limited physical assets, the organization benefits from valuable operational resources that support service delivery.

Available Assets

- Three computers currently dedicated to organizational work.
- Website and organizational email infrastructure.
- Established beneficiary database and records management systems.
- USD 92 Current cash at Hand
- Functional office space.

6.5 Human Resources

- 15 professional volunteers serving in different capacities.
- 4 Village Disability Counsellors supporting grassroots mobilization and beneficiary identification.
- Local Council Chairpersons and community leaders providing coordination and community engagement support.

6.6 Financial Stewardship

H2D remains committed to transparency, accountability, and responsible utilization of all resources entrusted to the organization. Every contribution received during the reporting period directly supported program implementation, beneficiary welfare, organizational development, and outreach activities.

Looking Ahead

The organization's broader vision, strategic objectives, implementation framework, and planned interventions for the coming years are outlined in the H2D Strategic Plan (2026–2028). H2D welcomes collaboration with donors, foundations, corporate organizations, faith-based institutions, development partners, and individual philanthropists who share its commitment to disability inclusion and community empowerment.

7.1 Challenges

During the reporting period, A Hand to the Disabled (H2D) encountered several challenges that affected the full implementation and expansion of its activities in different communities.

One of the main challenges was limited funding, which significantly constrained the scope of operations. The demand for support from beneficiaries continued to grow, especially in areas such as medical assistance, education support, and outreach services. However, available financial resources were not always sufficient to meet all these needs at once. This meant that H2D had to prioritize certain urgent cases and implement activities in phases, which sometimes delayed the reach of support to other beneficiaries.

The organization also faced transport and logistics challenges, mainly due to the lack of a dedicated organizational vehicle. As a result, H2D frequently relied on renting vehicles whenever outreach activities were planned. This not only increased operational costs but also created scheduling difficulties, especially when vehicles were not readily available at the required time. In some cases, these delays affected timely access to remote communities and limited the number of field visits that could be conducted within a given period.

Closely related to this were general logistical constraints, where coordination of outreach activities depended heavily on external transport arrangements. This sometimes made planning less flexible and affected the smooth execution of follow-up visits, especially for beneficiaries who required continuous monitoring and support after initial interventions.

Another key challenge was accessibility barriers for persons with disabilities, particularly in rural and hard-to-reach areas. Many communities have poor road networks and difficult terrain, which makes movement challenging for persons with mobility limitations. In addition, the limited availability of assistive devices such as wheelchairs further restricted mobility and independence for some beneficiaries, making it harder for them to fully participate in outreach programs or easily access services.

The organization also continued to face stigma and misconceptions about disability in certain communities. Some families and community members still lack adequate understanding of disability issues, which can lead to discrimination or low participation in support programs. This situation required continuous sensitization efforts by H2D to promote inclusion, awareness, and behavioral change within communities.

Despite these challenges, H2D remained committed to its mission and continued to implement its programs using available resources, strong community partnerships, and adaptive strategies aimed at reaching and supporting persons with disabilities.

7.2 Lessons Learnt

During the reporting period, A Hand to the Disabled (H2D) gained several important lessons from its field activities, outreach programs, and engagement with beneficiaries and community stakeholders.

One of the key lessons learnt is that collaboration significantly multiplies impact. Working together with community leaders, religious leaders, health workers, and well-wishers has shown that no single organization can effectively address the needs of persons with disabilities alone. Through partnerships, H2D was able to reach more beneficiaries, mobilize resources more effectively, and strengthen community acceptance and participation in its programs. The involvement of local leaders also improved identification of vulnerable families and increased trust within communities.

Another important lesson is that investment in accessibility is essential for meaningful inclusion. The organization observed that many persons with disabilities face daily mobility challenges due to lack of assistive devices and inaccessible environments. This has highlighted the importance of prioritizing accessibility support such as wheelchairs, better transport arrangements, and community-level adjustments that make it easier for beneficiaries to access services and participate fully in programs.

H2D also learned that proper preparation and adequate funding directly improve the quality and reach of interventions. Activities that were well-planned and sufficiently funded tended to run more smoothly, reach more people, and achieve better outcomes. On the other hand, limited preparation or funding sometimes led to delays, reduced scope, or the need to scale down certain activities. This reinforced the importance of early planning, resource mobilization, and budgeting before implementing programs.

In addition, the organization learned that community events play a powerful role in inspiring hope and strengthening social bonds. Events such as medical outreaches, Christmas programs, and the International Day of Persons with Disabilities celebrations brought together beneficiaries, caregivers, and community members in a shared space. These gatherings not only provided practical support but also created emotional encouragement, reduced stigma, and strengthened relationships between families and the wider community.

Overall, these lessons have helped H2D better understand the needs of the communities it serves and have shaped its approach toward more inclusive, collaborative, and well-planned interventions in future programs.

7.3 Future Plans

The future plans of A Hand to the Disabled (H2D) are guided by the 2026–2028 Strategic Plan, which focuses on strengthening inclusion, expanding services, and building long-term sustainability for persons with disabilities in Mityana District.

In 2026, H2D plans to focus on establishing a stronger organizational foundation. This includes setting up a functional office, strengthening partnerships with local stakeholders such as Mityana Hospital, churches, NGOs, and community leaders, and improving service delivery systems. During this phase, the organization aims to support approximately 40 persons with disabilities through medical outreach, education support, and provision of mobility aids such as wheelchairs. The volunteer base is also expected to grow to support different areas including medical services, administration, and livelihoods.

In 2027, H2D intends to expand its services and operational capacity. A key milestone during this year will be the purchase of land, which will be used to establish a resource center and future sustainability projects. The organization also plans to expand beneficiary support to around 60 persons with disabilities, while introducing additional services such as physiotherapy and skills training. Volunteer numbers are expected to increase further, alongside stronger resource mobilization efforts to support expansion activities. In addition, the organization plans to begin agricultural activities such as coffee and banana farming, along with the development of a farm structure to support future operations.

In 2028, the focus will shift towards sustainability and long-term impact. H2D plans to fully establish income-generating projects on the acquired land, including livestock (piggery and poultry) and expanded crop production (coffee and bananas). These initiatives are intended to support the organization's financial sustainability and reduce reliance on external funding. During this period, H2D aims to directly and indirectly support up to 120 persons with disabilities, while also strengthening advocacy, partnerships, and community inclusion programs. An annual disability inclusion event will also be hosted to continue raising awareness and promoting community engagement.

Overall, these future plans reflect H2D's commitment to moving from short-term relief interventions toward sustainable, community-driven development that empowers persons with disabilities socially, economically, and medically.

7.4 ACKNOWLEDGEMENTS

A Hand to the Disabled (H2D) extends its sincere appreciation to all individuals, institutions, and partners who contributed to the success of its programs during the reporting period.

Special recognition goes to community leaders, including village chairpersons, councillors, and local council representatives, who played an important role in identifying vulnerable families, mobilizing communities, and supporting outreach activities. Their involvement strengthened trust and improved coordination at the grassroots level.

The organization also acknowledges the valuable contribution of religious leaders, including reverends, sheikhs, and church institutions, whose support in mobilization, sensitization, and community engagement greatly enhanced the success of programs such as medical outreaches, Christmas outreach activities, and awareness campaigns.

H2D expresses sincere gratitude to healthcare professionals and institutions, particularly Mityana Hospital and other medical personnel, for their collaboration in providing medical services, referrals, and health support during outreach programs.

Special appreciation is extended to partners and well-wishers, including Spirit Embassy “The Good News Church” and other contributors, whose financial and material support made it possible to reach more beneficiaries and strengthen community interventions.

The organization further recognizes the commitment of its volunteers and staff, whose dedication, time, and effort ensured the successful implementation of activities despite limited resources and logistical challenges.

Finally, heartfelt appreciation is extended to the beneficiaries and their families for their trust, participation, and resilience, which continue to inspire H2D’s mission of promoting inclusion, dignity, and empowerment for persons with disabilities.

H2D also takes this opportunity to call upon more partners, donors, and well-wishers to join hands in supporting its mission. Increased collaboration will help expand outreach programs, improve access to education and healthcare, and strengthen long-term sustainability initiatives aimed at improving the lives of persons with disabilities.



7.5 H2D Upcoming Events 2026

1. General Medical Outreach – August 2026

Building on our quarterly health initiatives, H2D will conduct a comprehensive medical outreach in August, extending essential healthcare services to underserved communities across Mityana District. This initiative aims to bridge critical care gaps for populations facing geographic and socioeconomic barriers.

- **Services Offered:** Free clinical screenings, medical consultations, and essential medicine distribution.
- **Target Focus:** Prioritizing marginalized families, the elderly, and individuals lacking regular access to facilities

2. International Day of Persons with Disabilities – 3 December 2026

In alignment with the global observance, H2D will host the official district-wide celebration of IDPWD on 3 December. This landmark event serves to champion inclusivity, challenge societal biases, and reinforce our commitment to long-term community empowerment and social integration.

- **Medical Support:** Tailored medical checks and specialized wellness consultations.
- **Inclusive Performances:** Creative arts and music showcasing diverse abilities to challenge stereotypes.
- **Rights Advocacy:** Focused awareness campaigns fighting discrimination and lobbying for accessible infrastructure.

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